

Angel Oak Award -page



Birders/Warbles- page 8



Artist of the Month - page 13



Oysters - page 14

PRSRT STD
U.S. Postage
PAID
Charleston, SC
srmit No. 1057





THE SCANION CON

VOL 27 • ISSUE 4 • APRIL 2024



Steve Penkhus, MD

CONGRATULATIONS AND THANK YOU DR. REVES

The mention in last month's issue of the Seabrooker that Dr. Reves has written 300 "Healthy Aging" columns caught my attention. That is very impressive and deserves congratulations and a thank you. It is even more impressive after learning what an amazing and busy career Dr. Reves has had. It is hard to imagine he had the free time, compassion and concern to write those 300 articles. I thought Seabrookers who don't know Dr. Reves would like to know who this man is and how fortunate Seabrookers have been to have had access to his expertise for the last 25 years!

It is hard to comprehend all that the Charlestonian, Dr. Jerry Reves, has accomplished in his career as a clinical anesthesiologist, scientist, researcher, teacher, administrator, author and honoree. The incredible list of his accomplishments, organizations, prestigious positions, honors, and hundreds of publications is overwhelming and takes up dozens of pages of print. He is a graduate of Vanderbilt University where he played varsity tennis. He received his MD degree from the Medical University of South Carolina (MUSC). He is a veteran and was an officer in the Navy in Bethesda, MD during the Viet Nam War. He was an intern, resident and professor of anesthesiology at the University of Alabama Birimingham, professor and chairman of the Department of Anesthesiology at Duke University where he was the founding Medical Director of the Duke Heart Center. He served as Vice President of Medical Affairs and Dean of the College of Medicine at MUSC, and is currently Dean Emeritus. He is an internationally recognized cardio thoracic anesthesiologist. His modesty became apparent when talking to him and he completely avoided talking about his remarkable accomplishments which are far too numerous to record here but can be reviewed on the internet.

When asked what motivated him to write these columns for 25 years he pointed out that his clinical practice was mostly older patients. When he built his home on Seabrook in 1995 while still living/ working in Durham, he realized that most Seabrookers were older. With his interest in preventative medicine and helping people it all made sense to write a monthly column on preventive health for "seniors". His columns began when the Seabrooker began in 1998 with Red Balentine as editor and Fred Bernstein as publisher. His "Healthy Aging" articles are now also being published by the MUSC aging center.

Dr. Reves does have a personal life outside of medicine. He is married to Jenny Cathcart Reves and has three daughters, Christy, Virginia and Betsy. They have five grand-children – three of whom live in

 $continued\ page\ 3$



On March 16, 2024, COVAR held its annual meeting. 18 villa Associations and Regimes were present via Zoom. The attendees covered a variety of tonics

First, the newly elected board members Debra Lehman, Sue Cameron, Marie Wardell and Justin Title; want to acknowledge the work and due diligence of the departing COVAR president, Joanne Fagan. Joanne and her husband, Doug, moved to the northeast to be closer to family. She will be missed on the island and COVAR wishes her and her family the best of luck in their new home.

The meeting introduced the attendees to the new COVAR website which is up and running. A nod was given to Lynn Baker for helping the board with the birth of this site. The site is informative and worth visiting. Visit **cover-si.com** and take a look!

The general purpose of the meeting was to gather input from the members so COVAR goals for 2024 can be established. The floor was open to questions, comments and concerns. Among some of the issues

• Short Term Rentals (STRs): The lively discussion proved very helpful to many who were confused about at least one issue, namely, a concern that STRs will be banned from the island. The Committee is not considering banning STRs. In fact, a ban on STRs is not included in the "Short-Term Rental Issues"

document that guides the Committee's work and which can be found on the Town's website in the section of the site dealing with the STR Committee.

- It was suggested and approved that COVAR will try to use the webpage as a social source of vendors for ongoing projects within the HOAs. For example, soliciting paving and painting bids can be a lengthy task for an HOA board. If there were links to vendors that successfully completed HOA projects, it might make the search easier. The members would like to have that information shared in a location such as the website. COVAR is working on gathering vetted vendor contacts.
- COVAR mentioned the advantage of HOAs having representation by means of a Member at Large. This volunteer will provide additional boots on the ground for the board and receive timely emails that can be shared with the membership. To volunteer, complete the form which is located on the website under https://covar-si.com/volunteer-form/.
- There was discussion that the seawalls have been compromised all along the beach. Water has breached and has come into the dune. Some villas have lost some frontage, and the wall is also compromised. The beach at Pelican Watch has narrowed and has suffered dune loss.

COVAR 2024 Board D. Lehman, J. Title, S. Cameron, and M. Wardell

THE FIRST 100 DAYS



FROM THE TOWN

Bruce Kleinman Mayor

April 10th will mark the 100th day since your Town of Seabrook Island elected officials were sworn into office. Your elected representatives are well-prepared for an evaluation of their first 100 days. I can begin that process by reporting to you on what the TOSI government has been up to.

On our second day in office the Town Council created three new Special Committees and commenced the process of solicitation and appointment of members for each. Seabrookers responded. You volunteered in unprecedented numbers and all three Special Committees were fully populated with highly qualified individuals at Council's regular meeting on January 23rd.

The Special Committee on Short Term Rentals is deep into its study phase. It has already devoted around 12 hours in four public forums in which approximately 85 people delivered comments or presentations and has received approximately 450 written comments. Data of all kinds have been obtained and analyzed by committee members. The decision-making phase is yet to come. Our Community owes all members a deep debt of gratitude for accepting a difficult, intense and time consuming responsibility and handling it with grace. The goal remains: a committee report which balances the interests of owners who rent with those of resident owners. Much remains ahead but the foundation has been laid.

The ARPA Committee has solicited community views through a public portal on the Town's website as to how the Town should utilize the funds received under The Coronavirus State and Local Fiscal Recovery Fund and has commenced the review and ranking of all submissions. The actual decision-making has not yet commenced but like the analysis stage, and like the entire Short Term Rental process, the decision-making stage will be fully transparent.

The Environment and Wildlife Committee has also been very busy. As reported by Committee Chair and Council Member Gordon Weis in the March issue of The Seabrooker, the Committee, partnering with St. Christopher Camp and Conference Center pre-

sented an informational meeting regarding Coyotes on Seabrook Island. This program is the first time any of us can recall a jointly produced project between the Town and the Camp. The Town values its relationship with the Camp and looks forward to more collaborations in the future.

Speaking of collaborations, over our first 100 days, the Town leadership has been having regular discussions with the leadership of both the Club and SIPOA. I believe it is fair to say that all of us intend that collaborations among the three entities on all sorts of matters should be and will become the norm. We can all be stronger together.

In addition to collaborating with our Seabrook partners, we are striving to establish teamwork with off-island neighbors. Council member May represented TOSI in a Town Hall meeting presented by the Town of Kiawah Island on the subject of development along Betsy Kerrison Parkway and Bohicket Road and I have joined the Board of Governors of the Charleston Area Convention & Visitors Bureau. Through all of these new initiatives, Town Hall has been operating without a full complement of staff. In other words, our entire team has had more work, being done by fewer people. Seabrookers, we are lucky to have such a dedicated crew! We now have on board Abby Grooms, our new Communications & Events Manager and Lauren Campasso, our Administrative Assistant/Clerk of Court. Two very welcome and much-needed additions.

Your Town leadership remains committed to innovative transparent process. As described above, we have been working to ensure that all of the Council's (and its committee's) deliberations and debates are fully public and transparent. We recognize that not everything we do will be supported by all of you, but, we strive for agreement that Council sought your views, provided a fair opportunity for the expression of your views, and heard your voice when it was offered. We will continue to stress communication and, with Abby's expertise, develop alternative means for communicating. As I have said before, speaking for the entire Town Council, we are at your service; we are here to represent you; we will be humble and respectful in our service; and we look forward to working together with all Seabrookers and our stakeholders. **\(\Lambda \)**

The Town of Seabrook Island Hires New Communication & Events Manager



The Town of Seabrook Island is excited to announce the hiring of Abby Grooms as our new Communication & Events Manager. In her new role, Abby will serve as the lead communication and event manager for the town. She will be responsible for managing the town's existing communication channels while continuing to seek new and innovative ways to engage and inform residents, visitors and property owners. She will also be responsible for planning and executing a variety of town events, including the Chow

continued page 3



TheSeabrooker@yahoo.com

"Communication is the beginning of understanding."

The Seabrooker will report regularly on Island happenings, as well as newsworthy events that affect property owners and residents. As Seabrooker volunteers with a common objective, we are committed to securing the facts and reporting to you in a forthright, honest and unbiased manner.

Co-Founders: Red Ballentine, (1924-2006) Fred Bernstein (1924-2010) Co-Founders

Michael Morris Bernstein Lash Marketing

Advertising & Layout Teri B. Lash

THIS MONTH'S SEABROOKER VOLUNTEERS (ARTICLES & PHOTOS)

Rich Boss Joe Cronir **Bruce Kleinma** S. Cameror Lori Leary CDD **Bob Leggett** Sue Coomer **Jared Crain**

Stan Macdonald Tina Mayland Steve Penkhus, MD Jerry Reves, MD

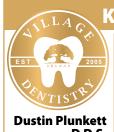
Gina Sanders Arthur Spriggs Susan Sullivar J. Title S. Wardell **Bonnie Youngine**

Veneers

CONTACTING THE SEABROOKER Please send correspondence and inquiries regarding editorials to Mike Morris • TheSeabrooker@yahoo.com • 843.408.3707

The entry deadline for all items is the 15th of the month. Please limit Cap'n Sams letters to 400 words. Photos should be in high resolution (5"x7" at 200 dpi or more).

FOR ADVERTISING OPPORTUNITIES, PLEASE CONTACT Teri B. Lash/Publisher • 843.747.7767 • TLash@BernsteinLash.com



(IAWAH VILLAGE DENTISTRY

Implants

 Whitening Invisalign Cleanings Extractions

* Emergencies * (843) 768-8376 **Accepting New Patients!**

Freshfields Village • Kiawah Village Dentistry.com

Edward Jones



Demo the kitchen. Go tour the dream college. We can help you get to those moments that matter.

Katherine C Morosani, ChFC®, CEPA®

Financial Advisor 10 Crispin Ct Ste 101 Asheville, NC 28803-8206

edwardjones.com



Death notices include basic information about the deceased: the person's name, age, occupation, date of death and place of death information. Notifications can be sent to: theseabrooker@yahoo.com



Agnes Jean Murphy Agnes Jean Murphy, 76, of Seabrook

Island, SC, formerly of Hyde Park, NY, passed away on February 15, 2024, surrounded by loving family.

Born February 28, 1947, Agnes was the first-born child of Joseph N. and Mamie Sucato. As the eldest of five daughters, Agnes was instilled with a tenacious yet loving leadership that would guide the rest of her life. On December 26, 1966, Agnes married the love of her life, Patrick William Murphy, Sr. Together, they created a loving family with the addition of their beloved children: daughter, Kelly, and son, Patrick Jr. Agnes was a devoted matriarch, not just to her own children, but to her extended family and friends. She was fiercely protective of her loved ones and the steadfast rock upon which everyone leaned.

A dynamic and astute businesswoman, Agnes succeeded her father, | tion.org \(\bigsim \)

Joseph, in the family business, Sucato Builders. Alongside her husband, Pat, Agnes co-ran Sucato Builders for 50 years, successfully growing the business into a preeminent masonry company, including buildings at the Culinary Institute of America and Marist College. Agnes and Pat continued the tradition of the close-knit-family-run business with the addition of their son,

Patrick Jr, for the last twenty years. In addition to being a dedicated professional and loving mother, Agnes was a woman of many passions. She was an exceptional cook (particularly her red sauce), an avid golfer, world traveler (including a recent trip to an ancestral village in Sicily), and devoted friend, hosting many unforgettable parties filled with laughter to last a lifetime. However, more than anything else, Agnes' greatest joy in life came from being a grandmother or "Bega"

as she was lovingly nicknamed. Agnes is survived by her husband Patrick, daughter, Kelly, son, Patrick Jr., and grandchildren, Patrick III, Chandler, Jacob and Carly. Agnes was a singular creature, beloved by everyone lucky enough to know her. Please join us in celebrating Agnes' remarkable life at a memorial service planned for the fall, around the third weekend in September. In Lieu of flowers, please make donations to Hpcfounda-

CAP'N SAM EDISTO

Dear Cap'n Sam,

While the Town is debating a Short-Term Rental Policy there is another matter of significant importance also being decided upon.

THE Eabrooke

The Town of Seabrook Island has \$915,000 in federal money from the American Rescue Plan Act (ARPA) which the town must commit this year and spend by the end of 2026. These funds, along with additional funding totaling \$2.85 million from state and local ATAX and the existing building fund, are currently in the budget for this year to address the Town's need to enlarge Town Hall and provide a suitable building to accommodate the town's vehicles, maintenance equipment, supplies, and Beach Patrol equipment.

In response to the wishes of our citizens, the town's staff has grown to nine full-time employees along with several part-time employees. Town Hall's conference room has been converted into a two-person office. The mayor has requisitioned the Zoning Administrator's office for his use oushing the Zoning Administrator into the attic along with other employees. These new employees are providing vital services to our town requested by our citizens, such as short-term rental compliance, zoning compliance and more effective communications. In addition, the proposed Town Hall annex will provide larger Council Chambers to allow more citizens to attend town meetings in person while maintaining the state-of-the-art video technology which allows property owners to attend and address Town Council remotely. The proposed garage will replace the pods currently located behind town hall and provide a place to store the town's vehicles, maintenance equipment and supplies as well as storage for the Beach Patrol's equipment. Our Beach Patrol currently stores their equipment on Kiawah forcing beach patrol personnel to clock in at Kiawah, pick up their equipment and drive to Seabrook, driving back each evening to return the equipment and clock out. This garage would prolong the life of Seabrook's equipment and vehicles by getting them out of the environment as well as save hundreds of hours of billable time spent by beach patrol personnel going back and forth to Kiawah each day. The completed plans for this project are sitting in town hall ready to

cial Committee on ARPA Expenditures to explore other uses for these funds. This committee recently solicited suggestions from the community and while receiving more than thirty unique ideas, over 20% of the responses recommended using the funds as currently budgeted for the Town Hall Building Program. Other suggestions included Beach Renourishment and Greenspace Acquisitions. While these are certainly worthwhile endeavors, it is highly unlikely DHEC Approvals could be obtained within the required time for beach restoration even if the town could legally use the funds to restore a beach with no public access. We all want to preserve as much Greenspace as possible so while this is a noble idea we need to weigh the difference between our wants and our needs. We may WANT more preserved greenspace, but we NEED an expanded town hall. Years from now few will remember what lots were preserved with the ARPA funds, but Seabrook could be enjoying the benefits of the Town Annex and garage for

submitted for permits.

The Town has established a Spe-

decades to come. Seabrook is a premier coastal community and deserves better than a Town Hall which has been outgrown and temporary pods in the backyard

storing maintenance supplies. Seabrook's Town Council has budgeted for this need and we should let our current Council know we support this important project.

Dear Cap'n Sam, The following letter was sent to the

Short Term Rental CAPS

Not a Panacea Short-term rentals (STRs) are being scapegoated as culprits for changing the quality of life on Seabrook Island. But myths presented by Preserve Seabrook petitioners attacking STRs ignore the "facts" exposed in the Town of Seabrook's (TOSI) own 2022/2023 Ad Hoc Committee Report on Short-Term Rentals. The conclusions stated were unequivocal:"...immediate STR permit caps . . . would not end any current dissatisfaction over the utilization of amenities, be unduly punitive and disruptive on real estate sales and a possible violation of property rights; even grandfathering . . . would close off current long-term property owners from renting . . . if financial/health/ family situations necessitate." Now after the 2023 Town elections, Council officials are tasked with reconciling the demands made by a fractional minority of SIPOA resident voters with the needs of more than 60% of the total SIPOA owners who are at risk of being disenfranchised because they have no

vote in this matter. The Ad Hoc Committee's findings are "inconvenient truths" which barcode data stubbornly bears out. Namely, during the pandemic, the Island and amenities were more crowded as owners and visitors chose to quarantine in Seabrook's naturally isolated paradise. Most of the traffic and usage increases came from existing residents, their families and guests. Real estate sales confirm more recent Island congestion is caused by growth in owner-occupied units, registering at twice the rate of STR growth. Updated data illustrates STR occupancy has declined sharply and is near 2018/2019 levels. Predictable trends for amenity usage are expected as the estimated 250 vacant lots are built out by new residents over the next several years.

The facts presented by the Ad Hoc Committee, while undisputed, did not reassure full-time residents who clamor for quieter streets, fewer unfamiliar faces, regulated quiet hours and unlimited access to parking, amenities and beaches. A vocal few petitioned for the controversial STR cap solution hoping for a peaceful return to slow-living Seabrook style. In opposition to this view, STR owners are unwilling to sacrifice their rental property rights for fear of a similar 25% "Folly Beach-like" decrease in their home values after caps were imposed.

Given STR licenses are not limited oday, new STR owners want guarantees that STR licenses will be available when they are travelling in retirement or during family emergencies. They also want unlimited potential home buyers to receive a license to offset the cost of ownership. Finally, they want perpetual rental privileges.

To the Town's credit, some of the Ad Hoc Committee's recommendations and other long-sought gate changes have been implemented. The results, however, are still nascent. They include a robust licensing process and a systemized gate pass procedure that produces substantial revenue. Visitors are being educated before check-in. Additional personnel and systems have been hired and created to implement and monitor new enforcement

techniques. Most will be surprised to learn of the proposed draft Ordinance 2023-2015 that is already pending on the TOSI website. It has 40 pages of suggested regulations the Town will use to manage STRs. Section 3(a)(vii) on page 8 contains one short sentence capping STR permits at a maximum of 650. This implies the STR license limits have been pre-ordained. This is troublesome, as the special STR committee appears to be disregarding

the factual evidence and over whelming "against" comments they received during 4 open owner forums conducted during the last month.

Just as concerning is an unsubstantiated petitioner proposal limiting the number of licenses to no more than 17-20% of the total number of zoned properties with some zones being limited to a 3-5% cap. This is an egregious approach, especially given most regimes already have a significantly higher percentage of STR licenses and licensees already in place. Cap ordinances are "permanent," suggesting further STR regulations must be a last resort after all other options have been sufficiently analyzed.

We hope the TOSI special STR committee will take the time to learn from mistakes and false starts of other SC neighboring islands by considering the merits of the following 3-point

Adopt a hybrid Kiawah Cap Model. Kiawah Island instituted a 20% cap on STRs only in certain neighborhoods that desired to control specific STR growth. There were no restrictions applied to any other neighborhoods. TOSI's special Committee might specifically recommend the following:

(a) Single-family neighborhoods can impose caps on their respective streets/districts by establishing regimes and/or HOAs. This would permit residential neighborhoods to control their own destiny without imposing on other neighborhoods.

(b) Re-enforce the principle that existing POAs have dominion over their own STRs by refraining from imposing island wide caps. As current and projected STR occupancy is at pre-pandemic levels, conditions do not merit imposing such restrictions.

Finalize the Noise, Parking and Occupancy provisions of the draft 2023-15 Ordinance. This ordinance is pending and appears on the Town's website. The special STR committee should use this document to make their recommendations to the TOSI Council. A noise ordinance has already been worked out with SIPOA agreement and is ready to be implemented. Diligent committee work to finalize this ordinance will save time and backend legal costs inherent in unexpected ordinance amendments currently experienced by Folly Island.

Guarantee Full Grandfather ing Rights in perpetuity. STR units were purchased under the authority granted under the initial Seabrook Island covenants without constraints upon the transfer of rights during any resale. These are guaranteed "property rights" and must be permanently attached to the property not just to the current owners or their heirs.

Conclusion

The pandemic has changed what our permanent and part-time residents expect from this residential resort community. What remains unchanged is all SIPOA owners want to sustain the cherished "quality of life" we have come to love. Based on undeniable truths, capping short-term rentals is not the promised panacea. Instead, we encourage our elected Town Council and special STR committee members to use a courageous, common sense approach to address all reasonable needs and concerns. We look forward to their prudent leadership which will help us heal our differences. Their wise stewardship will serve to remind us that Seabrook Island is a peaceful sanctuary for the enjoyment of all homeowners. 🛦 Mary and Hank Cardello

New Communication & Events Manager continued from page 1

Town Food Truck Rodeos, Disaster Awareness Day and the annual Holiday Extravaganza.

APRIL 2024

Abby joins the Town of Seabrook Island from ABC News 4, where she served for seven years as a news producer. She worked every shift and produced nearly every show for the station. Most recently, she was the senior producer for the 5:00 p.m. news broadcast. She regularly wrote and posted content on the station's social media channels as a digital producer, and also coordinated the station's college internship program.

Keeping people up-to-date with accurate information is a skill she learned throughout her seven years in

cane season. Abby has produced dozens of storm events during her time at the station and understands the importance of effective communications in keeping people safe during an emergency. She was also the head producer for the station's Hurricane Special, where she established important connections with public safety leaders throughout the state and region.

"We are thrilled to have someone of Abby's caliber join our team," said Joe Cronin, Town Administrator for the Town of Seabrook Island. "With her extensive background in broadcast news, she understands the importance of producing content that not only in-

broadcasting, especially during hurrilforms, but also engages our audience. As we continue to grow and expand our communication and engagement efforts, I am confident that the town will benefit from Abby's knowledge and creativity.

THE SCAPYOOKER

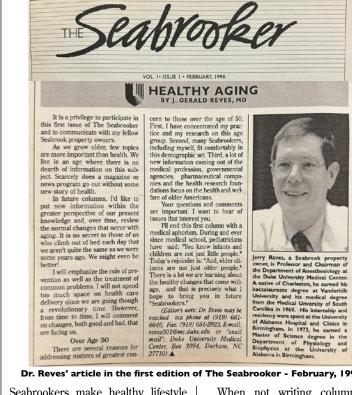
Abby has a bachelor's degree in broadcast journalism from the University of South Carolina. She is a native of the Lowcountry and grew up attending Camp St. Christopher on Seabrook Island. She is looking forward to working with residents, community groups and businesses to grow her local connections and is excited to work with the Mayor, Council and fellow staff members to expand and enhance the town's communication efforts.

Congratulations - Dr. Reves continued from page 1



Charleston and often go to Seabrook. In what little free time he had he has been an avid tennis player, boater and walker. After retirement in 2010 he piloted his trawler, Sweetgrass, on the 7,000 mile "Americas Great Loop" circumnavigating Eastern North America. As Emeritus Dean he still has an office at MUSC and is completing a bicentennial history book of the MUSC College of Medicine to add to the more than a dozen previous books he has previously written. He still has a home on Seabrook where his daughter, Christy, resides and enjoys the many amenities of the island, but he and Jenny spend most of their time home in Charleston.

It is very obvious that Dr. Reves has an interest and compassion for people and for medicine. He understands the importance of preventative medicine. He certainly dedicated many hours for many years in attempt to help | Dr. Reves.



Seabrookers make healthy lifestyle decisions. The forever unanswered question is how many extra "Healthy Aging" years some Seabrookers have lived because of Dr. Reves' 25 years of expertise, interest and impressive ef-

When not writing columns for the Seabrooker, Dr. Reves enjoys harvesting clams and oysters out of the creek at Seabrook and hosting old-fashioned lowcountry oyster roasts on steel plate on cement blocks forts. Thank you and congratulations over a roaring fire at their Seabrook

Steve Penkhus, MD

Store your boat with confidence. Our state-of-the-art storage facility is clean, easily accessib and filled with ready-to-rent parking. Safely store with us, short or long term. **MAYBANK STORAGE BOAT & RV** Gated | 24hr Surveillance & Access | Lighted Lot Garage Spaces | Online Payment | Wash Station (843) 737-5510 3363 Maybank Highway , Johns Island, SC info@maybankboatstorage.com | maybankboatstorage.com





Michelle Almeyda-Wiedemuth Joins Daniel Ravenel Sotheby's International Realty

Pairing her local knowledge of coastal real estate with the global presence and leading technology of Sotheby's International Realty, Michelle Almeyda-Wiedemuth offers Seabrook Island homeowners and prospective buyers the highest level of real estate service. Whether embarking on a new home build or preparing to list your Seabrook Island property, Michelle provides indispensable guidance now enriched with sophisticated marketing and a worldwide network.

Michelle Almeyda-Wiedemuth Realtor® & Seabrook Island Resident

843.818.3628 | michelle.aw@danielravenelsir.com

customhomecharleston.com

Each Office is Independently Owned and Operated, Internal data as of December 23, 2023, Meltwater data from Jan. 1, 2023 - Dec. 31, 2023.







VISITS IN 2023 TO



EXCHANGE CLUB OF KIAWAH-SEABROOK NEWS



Dr. Louise Baucom of Kiawah River Estates recognized as the 2023 recipient of the Angel Oak Award

The Angel Oak Award was established by the Exchange Club of Kiawah-Seabrook Foundation in 2012 to recognize a volunteer who has made an outstanding contribution to the people or the quality of life on Johns Island, Wadmalaw Island, Kiawah Island and Seabrook Island. As a part of the award, the Club makes a \$5,000 donation to a local charitable organization or organizations of the recipient's choice.

The Angel Oak Award Honoree for 2023 is Dr. Louise Baucom. Frankly, the Award selection committee was blown away by the breadth and depth of her volunteer activities. As her nominator, Shirley Salvo, stated it: "I know personally how essential she is to the Sea Islands Blessing Basket program, but there is no question that she is an extraordinary volunteer that makes a difference in so many areas of need." The committee agreed that Dr. Baucom is a worthy Angel Oak Award recipient due to her numerous volunteer activities that greatly benefit the residents of Johns and Wadmalaw

Louise has been a volunteer for the Sea Islands Blessing Basket for the past six years. The Blessing Basket is a food distribution program that provides healthy food for economically disadvantaged families. Louise is the Volunteer Coordinator and is responsible for the recruiting and scheduling of 60+ volunteers each month that engage in the purchasing, packaging, delivery, and drive-through distribution to 265 families on the second Saturday of every month.

Louise and her husband Barry personally deliver several food packages to shut-ins each month. They also participate in Meals on Wheels by delivering meals to 19 Johns Island residents three times each week.

She has assisted another Angel Oak Award recipient, Allen Reed, in the very successful Angel Oak Elementary School Summer Program. She has represented the Church of Our Saviour in connection with the Betty Stringfellow High School Scholarships for Johns Island

The Sea Islands Hunger Awareness Foundation includes numerous organizations in its programs. For more information, go to www. fightislandhunger.org. Dr. Baucom is a member of the SIHAF Board of Directors and is currently the Secretary.

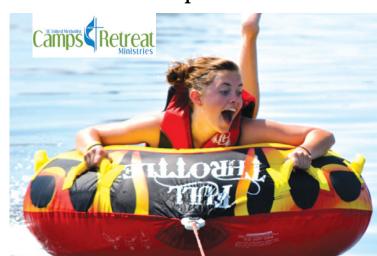
Dr. Baucom has thirty-eight years of experience in the fields of elementary and higher education. Her early teaching career involved elementary school teaching in North and South Carolina, as well as six years teaching orthopedically handicapped. She earned a Master's degree in Special Education prior to entering the field of higher education and completing her Ph.D. in 1986. She taught teacher education courses and supervised elementary level student teachers at the University of North Carolina at Charlotte for twenty-seven years.

She moved to Johns Island in 2016 with her husband Barry and has two married children who live in Charlotte with her four grandchildren. Her son, Ryan, works for the non-profit Swim Across America as V.P of Marketing and her daughter, Blair, is a clinical counselor. Louise enjoys gardening, concerts and traveling

Louise will be honored at the Angel Oak Award Banquet which will be held at Wingate Place, 3850 River Road, Johns Island on May 15, 2024 at 5:30pm. Ticket prices are \$100, and attendance will be limited to 150 persons. The Angel Oak Award Banquet is one of the most significant fund raisers for the Exchange Club of Kiawah-Seabrook Foundation which distributed Grants totaling \$160,000+ in 2023-24. To register, inquire about sponsorship levels, or make a donation, please visit www. ks-exchangeclub.com. It is anticipated that the event will sell out.▲

Bob Leggett

Sea Islands Camp & Retreat Center



I can't begin to thank The Exchange Club of Kiawah-Seabrook enough for the invitation, kind reception, and wonderful meal I received last week at their club meeting. The success of your Exchange Club is evident through the makeup of your committed members. SC Camps & Retreat Ministries transforms lives by seeking, welcoming, and gathering persons into community through outdoor camping experiences at a place set apart which nurtures persons in Christian living by providing HOPE!

- Hospitality Reach out to all persons, • Opportunity – Offer them Christ,
- Purpose Nurture persons in Christian Living,
- Engagement Send persons out to live

All of this happens at a place set apart from one's own creative work, a place of solitude, where creation formation leads to faith formation, building relationships with trust and confidence to more than 5,000 guests annually at Asbury Hills, Camp Providence, and now the new Sea Islands Camp & Retreat Center. This beautiful piece of coastal property was acquired just a few months before the start of the pandemic in 2019. The camp property opens up a whole new world for many kids in South Carolina with the coastal life of dolphins, fiddler crabs and more. Thank you for your interest and consideration in the development of this new coastal God-given adventure! There are several ways to get involved and support Sea Islands.

Monetary gifts can be made to: "SC Camps & Retreats", 5 Century Drive, Suite #250, Greenville, South Carolina, 29607 and just put "Sea Islands" in the memo.

Online giving is available at: www.sccarm.org/sea-islands, and click "DONATE" in the top right corner of the page.

Want to volunteer? We never turn down those that want to help further the mission. From camp cleanup days to serving on the board of directors, we welcome you to be a part of what God is doing. Call us at (864)298-0125 for a volunteer project today! And more importantly, your prayers are much appreciated! Feel free to give me a call if you have any further questions! I look forward to journeying together! ▲

Executive Director

APRIL 2024 THESEADYOOKEY





Family Owned & Operated since 1975

COMMERCIAL – RESIDENTIAL CALL US TODAY • FREE ESTIMATES

843-766-8298



Visit our website for Special Offers:

www.LedfordsPestControl.com

Overnights • Walks • Food • Medicine

Pet Sitting

Loving pet care either in my home on Seabrook or in your home.

Irene Quincy • 843.270.7001 IreneQuincy@gmail.com



Protect your legacy . . .

... say NO to Short-Term Rental CAPs



SPOLETO - FESTIVAL USA

Spoleto Accepting Applications for Open Stage Door Program provides free Festival access to local nonprofits



Spoleto Festival USA, America's premier performing arts festival, is now accepting applications for the 2024 Open Stage Door program. Through this community engagement initiative, Spoleto distributes complimentary tickets to laudable Charleston nonprofit organizations and their constituents. Applications are now open at <u>spoletousa.org</u>.

Community-based organizations, social service agencies, and other nonprofit groups serving the greater Charleston area are invited to request tickets by submitting a brief

application describing their services. In the past 10 years, Spoleto Festival USA has provided more than 5,000 complimentary tickets to a variety of organizations in the greater Charleston area such as the Jenkins Institute for Children, My Sister's House, Charleston Music Teacher Association, and We Are Family.

"By fostering connections with our community, we are inspiring a deeper appreciation for the performing arts." says Mena Mark Hanna, Spoleto Festival USA General Director and CEO. "For the last 48 years,

ible performances to Charleston, but has played a role in preserving his toric landmarks, initiating educational programs, and providing access for underserved communities in an effort to give back to the Charleston

PAGE 5

For more information about Open Stage Door and to apply, visit spoletousa.org. This initiative is made possible by the generous support of BMW Group Plant Spartanburg.▲

Gadsden Glen





Do you know Someone Having a Hip, Knee or Joint Replacement? Need Short-Term Rehab Afterwards?

The award-winning Gadsden Glen welcomes you for your short-term rehab needs within the Christie Rehab

With costs in-line with the Charleston area, Medicare and insurance coverage allow you to select Gadsden Glen for your short-term post-acute rehabilitation, setting you on a successful course of improved health and wellness.

> Located on James Island, within the Bishop Gadsden Episcopal Retirement Community. For more information - 843.406.6251, www.bishopgadsden.org



190 High Hammock Road, Seabrook Island 2 Beds, 1.5 Baths, 1000 Ft² | \$439,000



Listed By: Jack Wilson, Realtor® 704.661.9843 jwilson@dunesproperties.com



1880 Andell Bluff Boulevard C-5, Bohicket Marina 35 Ft Boat Slip | \$95,000



Listed By: Sharon Welch, REALTOR® 404.444.6907 swelch@dunesproperties.com

The Kiawah Seabrook Group dunes properties

SERVING THE ISLANDS OF KIAWAH, SEABROOK, JOHNS, AND WADMALAW

Come See us at Bohicket Marina! | 1887 Andell Bluff Boulevard | 843.768.9800

Jerry Reves, MD

Primary Prevention of Cardiovascular Disease

dence has been gathered. Statins for **Primary Cardiovascular**

Disease Prevention Just as with aspirin there has been an enormous amount of research on the use of statins in the prevention of cardiovascular disease over the past thirty or more years. Statins (atorvastatin [Lipitor], fluvastatin [Lescol XL], lovastatin [Altoprev], pitavastatin [Livao, pravastatin, rosuvastatin [Crestor], and simvastatin [Zocor]) are a group of drugs approved for the reduction of elevated cholesterol - part of the cause of atherosclerosis. The statins work in the liver to keep the liver from producing as much cholesterol that then enters the blood stream. Specifically, statins are prescribed to reduce elevated low-density lipoprotein cholesterol levels (> 190

Although it is clear that the statins do lower cholesterol they seem to also have the ability to reduce cardiovascular events not totally related to the reduction in cholesterol. Multiple studies have shown that statins reduce heart attack and stroke by about 25% compared to non-treated patients. The CDC reports that statin use reduces all-cause mortality by 9%, heart attack by 29%, and stroke by 14%. In other words, the evidence is clear that in patients at risk for cardiovascular events who have elevated cholesterol statins are safe and effective. This is why so many people

re prescribed these drugs. **Statin Side Effects**

If statins are so good at preventing

ervone be taking them all the time? First of all, all medicines have risks and there is no reason to treat people with statins who are not at risk for cardiovascular disease. The side effects to statins are rare (< 5%) but in some patients they are intolerable. These include muscle pain, digestive system problems, and central nervous system issues like confusion, "fuzziness," or increased forgetfulness. Rarely they can cause liver damage or severe muscle disease known as rhabdomyolysis. Also, infrequently, statins have been associated with elevated blood glucose. Another problem is that a wide variety of medications can interfere with statins and vice versa. Managing Side Effects

If statins are necessary, but a patient develops any of the side effects, a number of things can be done. If muscle soreness is the problem, then exercise routines might be changed. Taking a brief break from the medications may be tried. Often switching the dose or changing the statin to another statin drug may prove effective in eliminating side effects. Finally, there are some medicines (Q 10 supplements) that may be indicated in some

The Bottom Line

The old saying, "an ounce of preven tion..." applies to cardiovascular disease. It is far better to prevent the disease or delay its onset compared to waiting to do all the many things that can now be done to treat cardiovascular disease. There are ten areas in which everyone can promote a healthier cardiovascular system. One of the ten, when indicated, taking a statin as prescribed by ones physician is a proven and effective treatment in the prevention of stroke and heart attack. The risk is low and reward high.▲

Have a healthy lifestyle throughout life (avoid all the bad health choice) Promote constructive social interactions (friends, family, marriage)

Healthy diet high in fiber, fruits, nuts, whole grains, vegetables, lean animal meat

Exercise at least 150 minutes a week - 75 minutes "vigorous

With type 2 diabetes - follow physician orders of diet, exercise, and possible medication

Do not smoke or drink alcohol excessively

Statin drug therapy with elevated low-density lipoprotein cholesterol or at high risk

10. Control of blood pressure (aim for less than 130/80) with non-drug therapy or medication

HEALTHY AGING



APRIL 2024

since then as aspirin has been found to do more harm than good for this use. Likewise the blood pressure target has moved around over time as more evi-

of diseases that involves the heart and major arteries in the body. Atherosclerosis is the process that causes the cardiovascular system to improperly function by obstructing the flow of oxygenated blood to vital organs by building up fatty deposits in the arteries. The process is akin to water pipes that become obstructed by minerals that leach out of the water. Lipids and other materials in the blood, formed in the liver, build up along arterial blood vessel interior walls and obstruct normal flow to vital organs like the brain and heart. The result often is a heart attack or stroke. Both are manifestations of ischemic (reduced blood flow) disease caused by the blockage of blood flow to the organs.

Another Look

Cardiovascular disease is a category

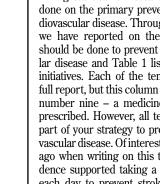
Cardiovascular Disease Consequences

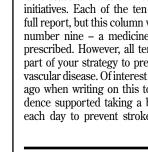
Death from heart attack (acute myocardial infarction) or stroke (brain infarction) is the leading cause of death and disability in the U.S. In fact, for many years heart disease (primarily ischemic heart disease) has been the leading cause of death for men and women. Women are protected until menopause (presumably to perpetuate the species) but after that become as vulnerable as men to cardiovascular disease. Stroke is a major cause of death and disability in both genders. As aging continues the risk of cardiovascular disease increases and the likelihood of heart attack and stroke rises until they become the number one cause of death.

"Primary Prevention?"

Primary prevention is a medical term used to describe things that can be done to protect against disease. Put another way, it means what can/should be done to prevent the disease. Much of medicine has evolved as a method to treat disease, but obviously, the preferred approach is to prevent disease – not wait to treat it after it develops!

A great deal of research has been done on the primary prevention of cardiovascular disease. Through the years, we have reported on the things that should be done to prevent cardiovascular disease and Table 1 lists ten major initiatives. Each of the ten deserves a full report, but this column will focus on number nine - a medicine commonly prescribed. However, all ten should be part of your strategy to prevent cardiovascular disease. Of interest is that years ago when writing on this topic the evidence supported taking a baby aspirin each day to prevent stroke and heart





Putting the **FUN** in **FUN**d...

There is little doubt that on the list of | club employees. The Seabrook Island | fundraising efforts, including the Alan

As you likely know, last year a group of members with encouragement from Mitchell and other club leaders, formed

Employee Assistance Fund (the Fund) The premise of the Fund is simple:

funds are raised through donations and fundraising events. Eligible employees in need can apply for funds to cover unexpected shortfalls. Since the application process opened late last year, seven applications have been received. Six applicants met the criteria for funding and were granted money to cover various serious and unforeseen financial emergencies.

One long time employee who was assisted wrote to say: "The grant helped me tremendously! Getting that type of support was a big sigh of relief (whew!). When your job has your back, it's awesome

A heartfelt thank you to the many generous members who have donated to the a new charitable organization to benefit | Fund directly and through our various | and committee volunteers.

Fleming Tennis Tournament. And since fun is a way of life on

Seabrook, the next chance to put the FUN in FUNd is coming soon. On May 5, there will be a concert on the driving range (indoors in case of inclement weather). GOOD SHOT JUDY, a dynamic and extremely popular 12 piece modern swing band will travel all the way from Virginia for your listening and dancing pleasure. Don't miss it! This event will sell out. For tickets and more information please visit TheFundatSI.org/events. ▲

to the valued employees of Seabrook Island. The Fund exists to alleviate barriers and inspire success. The Fund is a 501(c)3 organization and is governed separately from Seabrook Island Club by a volunteer board



After age 40 periodically have physician perform a cardiovascular disease risk assess

Aspirin no longer indicated in most people

the elements that make Seabrook Island a magical place, our employees are right at the top. They make the difficult drive to work everyday to assist us, encourage us, serve us, and make the club experience top-notch. And those are just the employees we see, have come to know, and interact with on a daily or weekly basis. But those employees are just the tip of the iceberg, or the sand castle, more appropriately. Seabrook Island Club employs more than 200 employees, many who work behind the scenes doing very hard work that makes our club beautiful, functional, and fun. We don't see them or know them, but we all enjoy the fruits of

The Seabrook Island Employee Assistance Fund raises funds to provide financial assistance



Happy New Year



THE Seabrooker

Are you tired of trying to interpret medical bills and explanations of benefits? Have you been denied health related services due to your medical nsurance? Are you afraid of losing a provider due to being out of network? Did you know that 80% of medical bills contain errors that lead to overbilling? If so, you are not alone! My name is Michelle Riddle and I am the Owner/Founder of Complete Dignity Healthcare Advocacy, and a Board daily how the healthcare industry in the US is failing the people on multi-

COMPLETE Dignity
Healthcare Advocacy

What is a Patient Advocate?

Patient Advocacy is a relatively new and growing profession, aimed at helping individuals navigate their unique journey through the healthcare industry. A Patient Advocate is a board-certified profession, assisting patients in many ways. Advocates help with medical bill review, Care Management, Insurance Appeals, and Provide Fee Negotiations, to name a

Until the healthcare system, mainy the insurance companies and providers, get on the same page, the confusion for coverage and cost will remain. Unfortunately, many patients are in a state of panic after losing a provider or being denied services. especially when they have ongoing health issues. What a number of those patients do not realize is that under the label "Continuity of Care" their health coverage can continue at the in-network rate due to this clause. Unfortunately, the providers are un-

Certified Patient Advocate. I witness | aware of specific clauses such as this one, and insurance companies fail to educate the public on all the intricacies that reside in the policy. This creates a situation of confusion and chaos for even the most educated and

A Board-Certified Patient Advocate has a specific goal... to take the confusion out of the healthcare arena. and help guide, inform, appeal, and decipher the whole gamut of health services. With the ever-moving pieces in the healthcare jigsaw puzzle, a Patient Advocate can be an important and necessary piece.

Furthermore, if providers and health insurance companies won't fight for you, who will?

I will be speaking more on the complexities of navigating the healthcare arena at the Lake House Osprey 2 on Tuesday, May 14th 4-6p.m., 2024. The topic is Healthcare Exposed, Unveiling the Ugly Truth about Healthcare.

I will also be showing the film "Fix - American Hospitals -Healing a Broken System". I hope to see you



www.thomascottingham.com

Louise Martin, 15, of Charleston, South Carolina sailed to a 13th place finish out of 26 competitors in the ILCA 6 (Formerly Laser Radial) United States Olympic Team Trials. The event consisted of 14 races hosted by the Miami Yacht Club from February 15-24.

Martin, representing the Carolina Yacht Club and Academic Magnet High School Sailing Teams, had three top-10 finishes including a third place. Erika Reineke, 30, of Fort Lauderdale won the event and will represent the United States at this summer's Olympic Games in Paris. Reineke is the current Pan Am Games champion and was runner-up in the previous three Olympic Trials.



CUSTOM NEW HOME CONSTRUCTION

- TEAR DOWNS
- ADDITIONS
- MAJOR RENOVATIONS
- GARAGES

CHARLESTON | CHARLOTTE



President and Seabrook





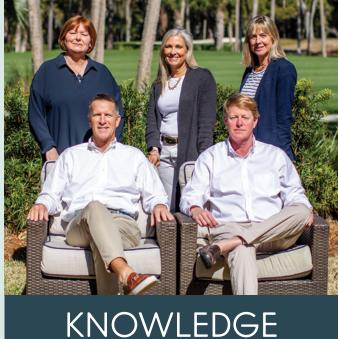
ADAM GRASS Market Directo

Contact us today for your next project | 704.654.2911 | Ross@Hobson-Builders.com | Hobson-Builders.com









Sales Executives, **REALTORS®** SeabrookRealEstate.com 843.768.3921

EXPERIENCE

RELATIONSHIPS



Real Estate Office: 843.768.2560

Black and White Warbler. Found on Seabrook

Black-throated Green Warbler, File photo, Seabrook

rican Redstart, another member of the

Warbler family and frequently seen around

Yellow-throated Warbler. Found on Seabroo

Audubon

A presentation on the future vision of this important SIB Partner

Friday, April 26, 2024 • 7:00 PM

Live Oak Hall, Seabrook Island Lake House

Presented by

or scan QR

Questions, email us at

seabrookislandbirders@gmail.com

Rebecca Havnes

Executive Director

udubon, South Carolina

Island year-round, but most abundant from March through May. Photo - Gina Sanders

Island year-round, with the exception of June

and July. Photo - Alan Fink

APRIL 2024

APRIL 2024









Watching for Warblers

THESCADYOOKER

Article by Gina Sanders

Spring is here! Warmer temperatures, beautiful blooming trees and flowers, the buzz of pollinators, and a bird watcher's favorite time of the year - migra-

On Seabrook Island we'll say farewell to our winter birds, to include many of our duck species, including our favorite Hooded Mergansers, the grebes, and a few gulls. Several sparrow species, and the familiar Ruby-crowned Kinglets, Palm Warblers and Yellow-rumped Warblers will also head north for their breeding season.

But that's okay because we'll welcome several spring and summer birds, giving us new visitors to our backyards and feeders. Literally overnight, birds will be everywhere! Some will spend all summer with us, others will stay just a few days or weeks, long enough to rest and refuel before continuing north.

One of the stars of migration is the warbler species. These colorful birds are considered the "jewels" of the woods and are a favorite among birders. Since some are just passing through, we only have a short time to look for and appreciate them. Here are some tips from "Cornell Lab All About Birds" to help you

- 1. Use your ears the frequency of singing and the level of intensity increases in spring. Listen for new bird songs, sounds you don't hear every day. You don't have to be an expert to notice a new tune!
- 2. Look for bright, colorful birds. Their breeding plumage helps them stand out and makes them easier to identify. Many warbler species have a shade of yellow in their plumage, from a subtle olive to bright cheery yellow.
- 3. Watch the weather. Warblers migrate with winds blowing from the south, pushing them north toward their breeding grounds. But spring storms and shifts in wind direction can temporarily bring them out of the air and down to the trees to seek shelter. The morning after a storm is a great time to spot birds taking refuge in your yard.
- 4. Look up! Don't just watch your feeders, look in the trees and bushes for warblers and other migrating birds. Many of our songbirds never visit feeders, instead they eat insects, so look for them darting around on trunks and tree limbs.
- 5. If you use Cornell's Merlin app on your phone, check the bar charts for a good indication of when your favorites will most likely be in our area. On Seabrook Island our peak spring migration is April and May, so now is the
- 6. Attend a walk or activity with Seabrook Island Birders. This is a sure-fire method to locate warblers and any other migrating birds. Our golf course events are very popular as they cover a variety of habitats, not to mention the convenience of riding around in golf carts! All of our walks and activities are fun and educational, from backyard birding to hotspots off the island. You never know what you'll see, and you'll be in the company of experienced birders who will point them out and pass along their knowledge. Whether it's your first time attending a walk, or you're a regular, we all continue to

Spring is definitely here. As we spend more time outdoors enjoying the warm breezes and the new growth this season brings, take a moment to look around. Open your eyes and ears to the sounds and movement and enjoy the gifts nature has given us in these spring jewels. **\(\Lambda \)**

Seabrook Island

Birders

Watching

email: seabrookislandbirders@gmail.com

website & blog: seabrookislandbirders.org

WHO SHOULD JOIN:

Anyone interested in the

birds of Seabrook Island

Learning

Protecting

OUR MISSION:

diversity of Seabrook Island's bird life

as well as the migratory birds we host

SEABROOK ISLAND BIRDERS SPONSOR:

1. A variety of online and social media based educational activities

Island events such as Earth Day, SI July Fourth Parade, etc.

provides for these varied species

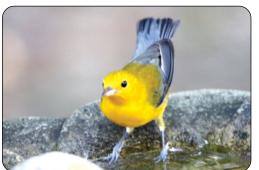
nizations' committees and activities



Hooded Warbler. Males have this distinctive black hood with yellow face. Photo - Ed Konrad



Kentucky Warbler, usually found close to the



Prothonotary Warbler, most often spotted her in spring and fall. Photo - Jackie Brooks



Yellow Warbler. Look for this bird in bushes and

1. WATCHING - to enlighten residents and others about the richness and

2. **LEARNING** - to foster an appreciation for the unique habitats our island

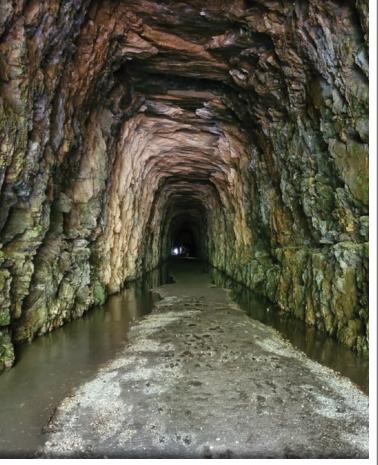
3. PROTECTING - to emphasize the importance of protecting our wildlife and

these natural habitats that are essential for the survival of our native birds

2. Various interactive activities including bird walks, local and national bird

counts, the monitoring of Eastern Bluebird boxes, participation in special

3. SIB members' involvement with other Seabrook Island environmental orga-



Stumphouse Tunnel, located near the Oconee County community of Walhalla, was designed in the early 1830s with the goal of connecting rail lines in Charleston to Knoxville, Tennessee, and eventually Cincinnati, Ohio. South Crolina governor Robert hayne wanted an alternate route for the Blue Ridge Railroad because, at that time, the route bypassed the mountains of South Carolina, extending instead to northern Georgia

and on to Tennessee. It took two decades for the tunnel to begin to take shape, being built primarily by Irish immigrants in the 1850s. From 1853 to 1859, a temporary town formed around the largest section for

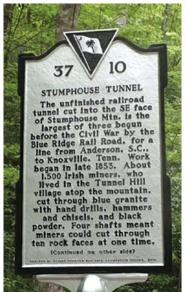
workers and their families. Known as Tunnel Hill, it was home to roughly 1,500 inhabitants. Tunnel Hill consisted of a schoolhouse, a Catholic church, a post office, and several saloons.

The town is said to have been a violent one, and mining-related deaths were common. Life there is described in detail by Jim Houghey in The Proceedings of the South Carolina Historical Association, 2004. He notes, for example, that "living conditions were, at best, primitive. Contemporary observers mentioned the constant noise of drilling and blasting around the clock. Air quality was impaired by the plumes of smoke and dust circulated by the wood-burning and the powder mill."

Houghey goes on to explain that "practically all the dwellings were flimsy wooden frame structures that provided little shelter from the elements. While miners with families lived in primitive cabins, unmarried miners often lodged in boarding shanties provided by other railroad workers and their families."

In a letter to Bishop Lynch, the Rev. J. J. O'Connell, a priest sent to minister to the miners, described the austerity of the community: "I have just returned from the up-country mission where I have had a pretty rugged time. The cold was excessive and I suffer from chills all the time.

By 1859, over one million dollars had been spent on the construction of the tunnel and South Carolina's legislature refused to fund the project any further. Of the proposed 5,863 total feet only 1,617 were excavated. The Civil War and the collapse of the state's economy ensured the tunnel would not be completed. Plans to revitalize the project in 1875, 1900, and 1940 failed. A 365-foot portion of the tunnel, known as the Middle Tunnel, was completed but has par-



mid-1900s. It can still be accessed but is notorious for flooding.

Clemson University bought the tunnel in 1951 and used it to cure their famous Clemson blue cheese for many years. Later the cheesemaking lab was moved to the Clemson campus, with the conditions of the Stumphouse Tunnel replicated to allow the cheese to retain its its distinguished flavor. A developer attempted to purchase

the property in 2007 but Naturaland Trust, a conservation agency created by C. Thomas Wyche, who was largely responsible for the revitalization of downtown Greenville, pledged nearly \$2 million to protect the property. The 40-acre site consists of the tunnels, camping areas, picnic shelters, and a museum of railroad history. It is frequented by daytrippers from across South Carolina and the surrounding areas. If you are able to visit the tunnel, make sure to also see the legendary Issaqueena Falls.

The Stumphouse Tunnel is listed on the National Register:

The Stumphouse Tunnel Complex is comprised of forty acres of land, two acres of water, and includes Stumphouse Mountain Tunnel, Middle Tunnel, and the 385-foot original railroad bed connecting them, picnic and camphistory in an old caboose. Stumphouse Mountain and Middle Tunnels were part of the Blue Ridge Railroad project, which was planned as the final link in a shipping route from the Mississippi to the Atlantic seaboard. The 1850s project involved the construction of tunnels, cuts, and embankments in four states. and was first proposed in the 1830s by South Carolina Governor Robert Hayne, who hoped it would help to harmonize conflicting sectional interests in the nation. It would have provided railroad lines to the midwest for Charleston, SC, Wilmington, NC, and Savannah, GA. Had it been completed, the Stumphouse Mountain Tunnel would have been the longest tunnel in the United States. Cut through solid blue granite, it was the largest of three tunnels which would have pierce Rabun Gap and comprised a final section of the line from Charleston to northeastern Georgia. Only one of these tunnels, the 365-foot Middle Tunnel, was finished. The Civil War and subsequent collapse of the state's economy sealed the tunnel's doom. Despite attempts in 1875, 1900, and 1940 to revive its construction, the tunnel was never completed. Stumphouse Tunnel was the 1950s site of the first successful attempt to age blue cheese in the South by Clemson University.

PAGE 9



AKERS ELLIS Real Estate & Rentals



Emery Macpherson emery@akersellis.com 843.408.3143



Nick Macpherson nick@akersellis.com 954.591.5741

Just Listed



3806 Seabrook Island Road Seabrook Island 4 BR · 4 BA · 2,528 SF \$2,999,000

Just Sold



\$967,500

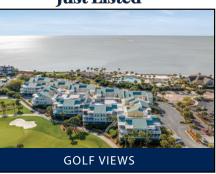
722 Spinnaker Beachhouse Seabrook Island 3 BR · 2 BA · 1.664 SF

Just Listed



3295 Coon Hollow Drive Seabrook Island 5 BR · 4.5 BA · 3,575 SF \$2,299,000

Just Listed



LAKE VIEWS 2426 Racquet Club Villa Seabrook Island

Featured Listing

Just Listed

3 BR · 3 BA · 2,014 SF

\$1,100,000



11 Dune Crest Villa Seabrook Island 2 BR · 2 BA · 934 SF \$609,000

2001 Atrium Villa Seabrook Island 2 BR · 2 BA · 1,080 SF



Register for this program at

seabrookislandbirders.org



www.seabrookislandbirders.org



Akers Ellis Real Estate & Rentals · www.akersellis.com · 888.909.8110 · 3730 Bohicket Road, Suite 5, Johns Island, SC 29455

Bond (10UST) yield plunged from

5% to 3.5% in a matter of weeks. The

current interpretation is that the Fed

has not yet pivoted to easing (friendly

rate cuts) The expectation of easing

has, however, led to a series of new

In my humble opinion, rate cuts

would indicate (a) the Fed is very

confident inflation is subsiding to-

ward 2% or (b) they fear the econo-

my is slipping into Recession. Either

way, rate cuts should be a plus for

bonds, but that doesn't seem to be

the case so far this year, as the 10UST

has mostly traded in a narrow 4.0% to

Overall, JPOW's statements in

recent months have created a situ-

ation where businesses, investors

and consumers will be disappointed

if the Fed does not cut rates by this

summer. If interest rates remain "too

high" economic activity would like-

y slow and Recession risks would

again grow. Higher interest rates al-

ready caused a mini banking crisis a

year ago, but it was quickly papered

over. So whether we concur or not, it

seems the Fed would react quickly to

any new signs of economic distress

by cutting rates – or react more slow-

rates. Either way, it looks like a new

easing cycle will begin this year.

y to moderating inflation - and cut

That seems to be what stock mar-

ket investors want to hear, and the

attached table from Stansberry Re-

search indicates why they are bull-

sh. It shows the results of the past

several Fed easing cycles with the

date of the first rate cut in the first

column and subsequent S&P 500

returns for the next six months, one

year and two years are in the next

The fact that all periods saw posi-

tive returns for the 1984, 1987, 1989,

1995 and 2019 cycles, but were very

negative for 2001 and 2007 are tied to

all-time highs in the stock market.

s no longer tight (unfriendly) but it

The Festival of Houses & Gardens is now

The Charleston Festival

Now - April 14, 2024

For 77 years Historic Charleston Foundation has celebrated houses, history, and culture through its annual spring festival. Live like a Local through a variety of Tours & Events, with exclusive access to some of the most beautiful private houses and gardens in Charleston, SC. In addition, The Charleston Festival will feature an exclusive site-specific exhibition of original works of art by world-renowned artist, Jill Hooper. Be sure to join us for the opening weekend for Charleston by Design and explore where preservation meets design through lectures, tours and designer vignettes. As Historic Charleston Foundation's largest fundraising and educational event of the year, we hope you'll join us next spring for The Charleston Festival.

Charleston by Design

A celebration of art, interiors and preservation, Charleston by Design is the dynamic kick-off weekend to the month-long Festival. Charleston x Design will feature Designer Vignettes at the Aiken-Rhett House, the Design in Mind Lecture Series and Designer House Tours. now through 17.

Jill Hooper Exhibition

Charleston-based Painter and Draftsman, Jill Hooper, will present the exhibition, "Windows into Another World" at the Aiken-Rhett House Museum. To accompany the exhibit, Hooper will host exclusive painting and drafting workshops and studio tours. Exhibition open for the duration of the Festival.

Tours & Events

For 77 years, the Foundation's spring festival has attracted visitors from near and far to experience and learn about Charleston's historic and unique architecture, gardens, culture and history. The Charleston Festival will continue to offer House & Garden Tours in addition to a robust month-long schedule of events including the Festival Music Series, Lecture Series, social events and workshops. Expect new venues, elevated events and expert speakers in 202.▲







about three rate cuts in 2024. Investors immediately priced in SIX rate cuts and the 10 year US Treasury

whether a nasty Recession was averted or not. The 2001 cycle losses were exacerbated by the extreme overvaluation of stocks as we entered the Recession. No amount of Fed easing could offset the collapse of EPS and Price/Earnings ratios that followed the bursting of the Internet stock bubble. The Real Estate collapse of 2008 produced similar headwinds for the stock market as shown by the negative 6 month, one year and two

One similarity to today as we approach the first rate cut is that stock market valuations are once again at well above-average levels. The key dissimilarity is the strength of the economy. If there is a Recession looming, I don't see the signs of it. The two big worries – the Inverted Yield Curve and weak readings from the Index of Leading Economic Indicators – have been in place for so long they have lost credibility as Re-

cession indicators for this cycle. That pretty much leaves us with the rationale for investor optimism. The Fed can ease because inflation has dropped to levels where real (inflation-adjusted) interest rates are neg-

The Fed met on March 20 and decided to hold the Fed Funds rate at 5.25% to 5.50%. IPOW said his outlook had not changed substantially in recent weeks although somewhat firmer inflation numbers were reported. The Federal Reserve Board's projections for the economy and rate cuts were very similar to what they

were in December, but this was interpreted very positively by investors as stocks rallied sharply. In fact, it was the first day that the Dow Jones Industrials, S&P 500 and Nasdaq Composite all closed at All-Time Highs since November 2021. Futures market expectations for a Fed rate cut in June rose from 50% to 75%.

Rate Cut

Fever

JPOW did note that inflation was somewhat stickier than expected, but said "We're not going to overeact...to these two months of data, nor are we going to ignore them."

S o here we are. The Bond market is not convinced rate cuts will take place, but stock market investors seem certain of it. Many economists are still worried that inflation has not been defeated and that Fed easing (along with election year Federal Government spending) could re-ignite inflation. If you think inflation is not dead and sticky high prices will remain with us, you may think stock market valuations indicate overconfidence that the combination of soft landing and several rate cuts is possi-

Somehow, it seems most likely that a rate cut will be announced this summer. It may detonate a stock market melt-up, and while melt-ups don't end well, they are exciting while they last! Fundamentals won't matter if the Rate Cut Fever gets hotter.▲

IMPORTANT DISCLOSURES

or positions of any entities or organizations with which I may be affiliated or associated. This column is for general enjoyment and not intended to provide specific advice or recommendations for any individual or institution.

First Rate Cut	Six Months Later	One Year Later	Two Years Later
Oct. 1984	8%	14%	47%
Oct. 1987	4%	11%	35%
June 1989	11%	13%	17%
July 1995	13%	14%	70%
Jan. 2001	-11%	-17%	-37%
Sept. 2007	-13%	-24%	-31%
July 2019	8%	10%	47%

Cultivating Community at Kiawah River

Farm-to-table living thrives in a collaborative environment centered around the expansive 100+ acre Kiawah River Farm



WHAT'S NEW AT THE FARM?

Step into the enchanting world of The Goatery, where 45 adorable baby goats have already made their debut this season, with more playful arrivals expected everyday. Experience the lively bleats and playful frolics that bring joy to all who visit.



Immerse yourself in The Creamery at the Goatery, a testament to our cooperative ethos. Discover an array of new products crafted in collaboration with fellow Kiawah River Farm farmers. Indulge in goat milk bath salts, healing salve, and bar soap, thoughtfully infused with loofah and indica dye sourced from our very own Brian of Common Joy and Kelly of Pluff Mudd Farms.



Exciting news awaits as Rosebank Farmstand prepares to reopen at its new location, welcoming visitors at the entrance to Kiawah River. Offering a bounty of Johns Island produce and locally sourced delights, this farmstand epitomizes the essence of farm-to-table living. Residents of Kiawah River can embark on the farmstand trail and journey daily to discover a treasure trove of locally sourced goods and essentials.

www.kiawahriver.com tel. 843-920-2275

NOT NEW, BUT THRIVING

The Goatery remains a hub of activity, continuing to offer captivating experiences such as goat yoga, farm tours, and private events, all available by reservation. With the arrival of spring and the allure of playful baby goats, now is the best time to visit.

Generations of agrarian history flourish across 100 acres with esteemed growers such as Freeman Farms and Rosebank Farms, who contribute to the holistic farming philosophy at Kiawah River.

Experience genuine farm-to-table with Three Gates Cattle, proudly offering all-natural, organic beef since 1982. A testament to quality and sustainability, 3GC supports the Certified South Carolina lifestyle with ethically sourced, locally processed beef.



APRIL 2024 THESCAPYOOKER

Kayaking for Health The Happy Kayaker



Rich Boss - Kayak Caph Sams Inlet - with Kim Wessor

Health comes up a lot in discussions on Seabrook and none of us takes our health for granted. Who had rotator cuff surgery, or knee surgery; or was advised by their doctor to eat more prunes; or who is suffering more each day from CRS (Can't Remember Stuff). We all know instinctively that a good mix of exercise of the body and mind can help stave off these issues. The more active we are - at bridge or mahjong or kayaking or biking – the better we feel, it is all natural medicine. Even if we are not sick medically speaking, we all get sick of something – be it local or national politics, or something stressful in our life (hey, first world problems are still problems, it's all perspective) - we know the more we pursue our

interests and friendships, the better

We have had some great days to kayak – one day even in high winds we made it to the inlet and through the wide pool behind the beach and inched up the creek behind Ocean Forest and saw a bald eagle in flight before shallow waters made us turnaround, another day we ventured up the Kiawah River and took a side creek behind Cassique hole #15 and their kayak launch (closed for the winter?). Here are proposed April Show and Go trips, all trips will leave from the Crab Dock, default routing will be to go to the Inlet, then decide by consensus where to go from there. Trips typically last between 90-120 minutes.

• Wed, April 3 - 2PM • Fri, April 5 - 2PM

• Wed, April 10 - 2PM • Tue, April 16 - 2PM

• Fri, April 19 - 2PM • Wed, April 24 - 12Noon (due to tides) A Show and Go sea kayak group i a friendly informal meet up to go kayaking. All trips are subject to change or cancellation based on conditions. I you would like to join any of the above Show and Go trips, please find my phone number in the Exchange Club directory and contact me a few days before the trip. The day before I will send a group text confirming details and participants.

Feel free to call me with ideas or questions or to propose a trip on another day, time, or location. Happy Kayaking!▲

RACKING UP THE MAH JONG TILES



It was LEAP YEAR and on February 29th Seabrook Island Village -Neighbors Helping Neighbors (SIV) celebrated the day by holding its third annual Mah Jong Event at the Seabrook Island Club. 68 women oined SIV for a day of Mah Jong, fun, lunch, as well as making new friends, all while supporting SIV's mission to help our neighbors maintain life on Seabrook. At this event alone, we raised \$2500 for SIV!

At the end of the day all participants were winners. First place went to Bonnie Bohme, second place Deborah Guthrie, and third place Heidi

PAGE II

There were many beginning players this year. Debbie Scott was awarded a prize for high score as a beginner. SIV is planning the next MAH JONG DAY in the late fall. Be on the lookout for the date. Plan on joining us to play the game that has exploded in popularity on Seabrook.▲

Susan Coomer SIV Special Events Chair

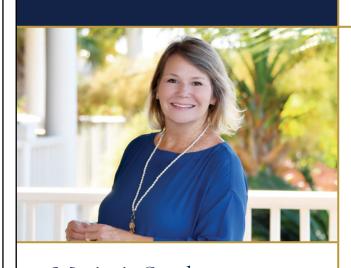




Daniel | Sotheby's

Service defines luxury, not a price point.

Regardless of price point, you deserve the best. Allow top producing Realtor® and Seabrook Island resident Marjorie Stephenson to help you realize your next chapter.



Marjorie Stephenson Realtor®

c. 843.834.1773 | o. 843.723.7150 marjorie@danielravenelsir.com

DANIELRAVENELSIR.COM

Each Office is Independently Owned and Operated.









APRIL 2024

Begin Your Easy Life at Franke!

Independent Living Apartments & Patio Homes Assisted Living & Memory Care Short-term Rehab • Long-term Care

> Ask about our virtual tours! 843.216.2222 or 800.940.7435

1885 Rifle Range Rd. • Mt. Pleasant, SC 29464 • FrankeAtSeaside.org ◎ 🖪





The Men's National Tennis Association held their tou Seabrook Island Racquet Club on March 16 and 17. (L-R) Mark





Last year I joined a support group for antisocial people. We haven't met yet.



Seabrook Island Village Neighbors Helping Neighbors

Don't Go Overboard on April 20th!

Don't toss your bean bag "over-board" on April 20th! Seabrook Island Village hopes all players master their flat bags and perfect shots while playing in our 5th Annual "Cornhole Clash" Fundraiser

Saturday, April 20th • at the Lake House

CORNHOLE CLASH FORMAT

Single Elimination Team Brackets: Men, Women, Mixed, Youth Entry Fee: \$80 Adult Team / \$30 Youth Team (12 & under)

SCHEDULE

12:15pm - Registration & Lunch (Boxed lunches, beer, wine, water, soft drinks & more) 1:00pm - Start of Play / Lake House Front Lawn

Register online at www.seabrookislandvillage.org. Pick up an entry form at the Lake House or call Sue Coomer, SIV Special Events Chair, for form (843-901-0447).

> Help us celebrate our 5th Annual Spring Fundraiser Support our volunteer services and programs for members and educational events for all island residents.







Piano Bar with Glenn Brown

Wednesday, April 3 5:00pm - 7:00pm The Sandcastle No Tickets Required

18th Annual

Sunday, April 14

3:00pm - 7:00pm

Freshfields

Blues by the Sea

No Tickets Required



College of Charleston Young Artist: Clara Camacho, Pianist Sunday, April 7

4:00pm Church of Our Savior No Charge, but **Tickets Required**



3:00pm - 5:00pm

The Sandcastle

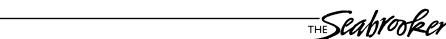
Piano Bar with Chris Dodson Wednesday, April 24 5:00pm - 7:00pm The Sandcastle No Tickets Required



Conrad Tao and Caleb Teicher: "Counterpoint" Tuesday, April 30

The Seabrook Island Club Cost: \$25

Visit: www.kiawahisland.org/events/ for full details of above

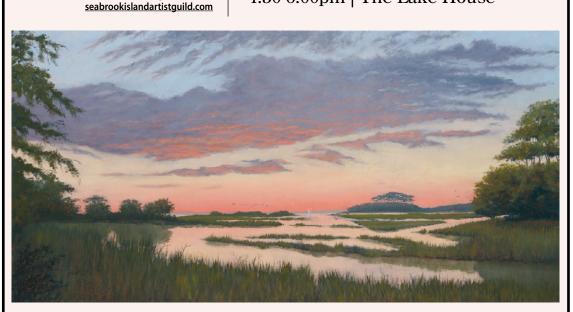




Seabrook Island Art Guild Presents April Artist of the Month

Rob Bavier

Reception Tuesday, April 2nd 4:30-6:00pm | The Lake House



Rob Bavier grew up on the water and comes from a family of sailors. Both his father and grandfather participated in the America's Cup with his father being skipper of the Constellation in the 1964 successful Cup defense.

With that background, with this background it is not surprising his earliest memories are of racing on Long Island Sound and cruising the ever-changing coast of Maine. The changing moods of the sea always fascinated him and the different moods are reflected in his art.

Glassey calms with a few cat's paws interrupting the still surface, or Nor'easters with spindrift blowing off the wave tops, the isolation of a sunrise in a secluded cove in Maine, or the frenzy of a 100-boat start at Larchmont Race Week all provide inspiration

Bob no longer races, but now, he has retired to Seabrook Island where leads plein air outings. There the ocean and tidal marshes fill his daily routines. He returns every summer to sail the coast of Maine.

Trained as an architect, Rob started painting watercolor renderings of his designs and then branched out with watercolors as an art form. Since then, he has added oils and pastels to his palette and enjoys moving back and forth between the different mediums as the mood and subject dictate.

Rob has received rewards from the American Society of Marine Artists and the Oil Painters of America. Participating in juried exhibits, he has received "Best in Show" and "Best Watercolor" awards. Rob was invited by the Marlborough Arts Center to present an eight-week one man show titled "Sea Change" featuring his work.

Most recently his work has been accepted for the ASMA, 2021 North Regional Exhibition at Krasl Art Center and OPA's Salon Show at the Quilan Visual

Seabrook Island Artist Guild will host a reception for Rob on Tuesday, April 2nd 4:30-6:00 at The Lake House. Come talk with Rob and see his beautiful

Veterans' History Project

Seventeen Seabrook & Kiawah Island veterans were recently interviewed at the Lake House for the Veterans' History Project, which is sponsored by the Library of Con-

Many thanks to these vets for their service to their country and for sharing their military experiences: Alan Armstrong, Allan Woods, John Abbattista, Vic Augusta, Glenn Brown, Bob Montague, John Smock, Charley Moore, Frank Zaubi, Dick Barnola, Walt Czander, Jim Sporn, Nat Malcolm, Ed Maher, Harry Polychron, Mike Long, and Jim Condon. We hope more veterans will consider

The purpose of the Veterans' History Project is to collect, preserve and makes accessible the firsthand recollections of U.S. military veterans. Why? So future generations can hear directly from veterans and better understand what they saw, felt, and did during their service.

All of these thousands of interviews weave a tapestry of insight and experience. They are stored at the Library of Congress and available for viewing via their website. Imagine your great-great grandchildren being able to "meet" you and learn about your life and experiences.... or young people considering service learning from you... or researchers better understanding their topic based on your observations.

The process is simple. We will set a date and time to film a series of interviews, each typically lasting 30-45 minutes. Veterans interested in being interviewed should contact Tina Mayland at tinamayland@ mindspring.com or by phone at | are willing to dedicate a day or two a | June editions.



843-822-3646. All veterans are en- | month to the Veterans History Projwere in combat or not. Our next set of interviews will be this summer.

Also, we are looking for volunteers who are interested in being trained to interview veterans. If you | veterans starting with the May or

couraged to participate, whether you | ect, please contact Tina Mayland at tinamayland@mindspring.com or by

The Seabrooker is looking forward to the personal stories of these

Tina Mayland

Considering selling or buying real estate?

Scan the QR Code below with your smartphone's camera to add us into your contacts. Call us today to discuss your needs or to set up an appointment.



Discover The Team Cleary Difference





Akers Ellis Real Estate Cathy & Wes Cleary 828.808.6790 | 828.785.2115

See Charlest on Area Homes For Sale. comwww.akersellis.com



s back and making its way across Braves Country with a "Pose at the Plate" experience where fans can step into a replica of Truist Park and pose for their very own customizable baseball card! Fans will receive a print out of their card on-site and will receive it digitally to share with family and friends. Fans can also enjoy some exciting free giveaways like hats, stickers and koozies to rep the Braves all season long! Additionally, the Atlanta

The Braves Country Road Trip | Braves will engage in community service projects at select spots throughout Braves Country.

The "Braves Country Road Trip" will make a stop at the Cooper River Bridge Run Finish Festival on Saturday, April 6 and will visit the Summerville Family YMCA Flowertown Festival on April 7th. Players will hand out team merchandise like hats, stickers, and koozies, to participants. **\(\Lambda \)**



SATURDAY, MAY 4, 2024 4:30 - 8:00 P.M.

Union Station

The most fun you'll have changing someone's life!





Charleston is an incredible city,

full of amazing and diverse people!

Charleston Opera Theater is com-

mitted to bringing our beautiful com-

munity the musical and theatrical

operatic experience that it deserves.

This means not only producing

Charleston Opera – World Class

Oysters, Man's Best Friend

Oysters are all around us. They congregate in oyster beds. They cling to seawalls, wrecked boat hulls, dock pilings, anywhere they can get a grip. What strikes me about oysters is that, even though they're everywhere and we benefit greatly from their presence, no one seems to know much about them. So, what's with the oys-

Oysters have been around for a long time. Fossilized oyster shells were identified by paleontologists as being from the Cambrian era about 538 million years ago. In ancient times, oysters were sought after by the Greeks and Romans and formed an important part of their diet. The Greeks considered oysters a special delicacy and associated them with Aphrodite, the Goddess of Love. Back then, eating oysters was thought to enhance one's love-making ability, thus the idea of an Aphrodisiac ovster was born. The concept received a boost from the Greek physician Galen who prescribed oysters as a remedy for "lack of desire."

The romantic benefits of oysters have been studied by every scientist who wanted the myth to be true. But unfortunately, their efforts were in vain and the connection of the oyster to the bedroom was never scientifically established. Despite the lack of scientific approval, the Romans used oysters as standard fare for their orgies. Even today the idea is appealing. I mean, why not have a beer, a dozen oysters and then, with elevated confidence, retire to the bedroom?

Way back in time oysters had no natural predators. But fossil records show that in the stone age cavemen, presumably needing a boost to their libido after chasing down those feisty mastodons, consumed mountains of them. Cavemen ate oysters much like we do now. They used sharp stone tools to pry open them or roasted them over a fire. Over time, the consumption of oysters resulted in oyster shells being found in abundance in large waste dumps called middens. The middens, contained all the yuck and garbage of ancient people and plenty of oyster shells. With them being so readily available in middens,



they became the source of building blocks of the new world.

Spanish workmen used a recipe for making building block passed down from the Moors, who got it from the Romans, to construct durable structures. Romans baked the oyster shells to make lime. Baking released water and carbon dioxide from the shells and the resulting ash became calcium dioxide, or quicklime. When they ground the quicklime into a gravel, added freshwater, river sand, and more ovster shells, a concrete-like substance called tabby. The word tabby arose from mispronounced Spanish "tabia", or mud wall. Tabby is very durable and can be seen today in many of the foundations and walls of older homes and plantations in the

With all the hoopla regarding the libido enhancing ability of oysters, it is easy for us to overlook the importance of oysters to our health and environment. It is a little-known fact that oysters are one of the most nutritious animals on the planet. They are rich in Omega3 fatty acids which are beneficial in reducing arterial plaque, cholesterol levels, triglycerides and, overall, promote good cardiovascular health. Also, they can be considered nature's One-a-Day vitamin as they

contain, copper, iron, zinc, niacin, phosphorus, riboflavin and vitamin D, and several proteins. However, as good as they are for us, there are problems that can some folks have with eating oysters that should not be

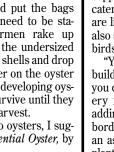
Ovsters are filter feeders. They suck water in to their shells and use cilia to remove the nutrients they need before expelling the water back out. Filter-feeders can filter up to fifty gallons of water a day. However, if the water they live in is contaminated with fecal matter containing the hepatitis virus, oysters will retain the virus in their tissue and you *might* contract hepatitis. There is no way to know if the oysters are contaminated prior to eating them. If you're in doubt about the strength of your immune system or the quality of the water from which the oysters were harvested, steam them, boil them, or fry them but don't

Oysters are an important part protecting our inland waterways. When they spawn, they don't get together in a seedy motel and go at it. When they mate, females secrete eggs and males eject sperm out into the moving tides. They float separately until the egg and sperm meet to form larvae. When the larva attaches to structures in the water they are called spat. Over time the larvae collect on discarded shells, or on the creek margins to form stable oyster beds that act as a barrier to

For oysters to develop, they need to have places to grab on to and develop into mature oysters. The SC Department of Natural Resources, (DNR), is aware of this and collects oyster shells from pickup areas around oyster restaurants. DNR volunteers bag them and put the bags on creek banks that need to be stabilized. When oystermen rake up oysters, they cull off the undersized oysters and old oyster shells and drop them back in the water on the oyster bed. This ensures the developing oysters have a place to survive until they grow big enough to harvest.

For a deep dive into oysters, I suggest reading, The Essential Oyster. by Rowan Jacobsen.

CHARLESTON SYMPHONY ORCHESTRA LEAGUE, INC.



barrier and offer food and shelter for animals. These wildlife safe havens are often removed during the construction of new homes.

Seabrook Island Green Space Conservancy to encourage and work with residents - and organizations that oversee public spaces - in finding ways for nature to thrive on our slands, despite increasing habitat loss due to human development – and despite other stressors like climate change, pesticides, and air and light pollution. As the public becomes more aware of the toll on wildlife, including the alarming declines of insects and birds in the U.S. and worldwide, more people want to engage.

Night Heron Park.



HOMEOWNERS FIRST EXPERIENCE WITH NATIVE PLANTS



In early November, while it was still warm enough to plant on Seabrook Island, my wife Sally and I asked Sean Cannon to see whether our traditional, tidy-looking yard on Old Drake Drive offered much nourishment to

After a brief walk around, Sean, a staff member of the Kiawah Conservancy, said that we had a solid tree canopy, including oaks and palmet tos, but our ground cover was another story. It was filled mostly with pine straw and lacked native plants that support insects like ants, bees, and caterpillars - the tiny creatures that are life-giving pollinators of plant and also serve as a critical food source for birds and other wildlife.

"You might have areas for birds to build a nest," Sean summarized, "but you don't have plants to create a nursery for insects." He also suggested adding thicker vegetation, perhaps bordering our neighbor's yard, where an ascending order of native ground plants, shrubs and trees would form a

Sean is a leader of a joint initiative y the Kiawah Conservancy and the

One starting point is in the yard. In our case, we purchased a "shade garden" package at a Nov. 3 native plant at Freshfields Village, the first joint sale sponsored by the Seabrook and Kiawah conservancies. More than 90 shade and sun packages were sold at wholesale cost, and given this enthusiastic response, a second sale will be held on May 18 at Kiawah Island's

The native plants in the packages offer distinct advantages. They are adapted to our local climate, sandy soils, they have coevolved with native insects; they don't require pesticides and once established, they need little watering. Importantly, native plants provide more benefits to insects, on average, than nonnative ornamental species, scientists say.

Our shade package totaled 45 plants, a mix of wild bergamot, woodland phlox, southern shield fern, Stokes' aster, and white wood aster. Asters are particularly potent insect generators; they nurture caterpillars, which songbirds rely on for food, and they attract migrating butterflies in the fall. (The sun package also had butterfly-friendly plants, including milkweed which hosts monarchs but also attracts many other beneficial in-

In truth, Sally and I didn't do the heavy lifting, thanks to Sean, who got us "into the ground." The process was straightforward - prepare a bed in a shaded area, set down the plants following an illustrated design provided at the plant sale and then cover the bed with shredded bark, which is expensive, but holds moisture better than pine straw and adds nutrients as it decomposes. And then on Sean's advice we watered daily for the first week and sprayed on heavy doses of deer repellent, which we purchased at Lowe's. (The plants in the packages are deer resistant and as of early March, we've encountered no deer

Our hope is to add more plants in an attractive way, using a mix of natives and ornamentals. True, it's just our small yard, but if more and more residents - and governing organimunal approach and remove invasive species and plant more natives, this collective action will expand the natural habitat, offer more protection for wildlife and give us a shared sense of being good stewards of the land.

As spring takes hold, Sally and I are eager to see what our garden has in store, perhaps something as stunning as the delicate blue flowers of Stokes' asters that were blooming in December and January. **A**

2024 Symphony Designer Showhouse 6 Montagu | Now - April 13 The CSOL is thrilled to showcase the restoration and reimagnination of circa 1803 John Rudolph Switzer House featuring the work of 14 interior designers, home tours, special events and SCORE, the CSOL's curated pop-up shop. PROCEEDS BENEFIT THE CHARLESTON

SYMPHONY AND CSOL MUSIC SCHOLARSHIPS offer free or low-cost educational opportunities, with a special emphasis on reaching Title I schools and underserved areas.

In 1803 John Rudolph Switzer, a | renovated a number of homes in the King Street saddler, constructed a plantation style home at 6 Montagu, in the new Harleston Village suburb. Two centuries later, the house has undergone a historic restoration and current addition, all to be further enriched by sixteen leading Lowcountry designers, who will transform the house for the CSOL Designer Show-

The 44th edition of the Designer Showhouse from March 13 to April 13 promises to be bigger and better than ever: a historic architectural treasure, restored and enhanced with modern design elements, to make the house a home - to celebrate life, Charleston style. The Showhouse event also offers an enticing list of special events as well. All proceeds benefit the Charleston Symphony and CSOL Music Scholarships.

6 Montagu is considered a legacy project by the homeowner, Mr. Claron Robertson (aka Rob), who has ture is being converted from its most recent configuration of 6 apartments to a reimagined single-family home. The vision combines an extensive historic renovation of the front of the original house with an artistically designed 3-story addition in the back. The renovation includes newly landscaped front and rear gardens including a pool.

neighborhood. This circa 1803 struc-

Designer Showhouse

The Showhouse will be open to the public on Wednesdays - Saturdays from 10 – 4. Sundays, Mondays and Tuesdays are reserved for engagements, featuring esteemed musicians and local artists, culinary leaders and interior designers. Many of these intimate events will also include docent-led tours of the Showhouse. The CSOL's popular SCORE Boutique will be open throughout the tour with a distinctive curated selection of gifts,

Unique series of events at the

Since 1983, the Charleston Sym phony Orchestra League has played its part to support live music in the Lowcountry: the largest institutional donor to Charleston's Symphony, the CSOL also provides musical scholarships to talented youth. Since its founding, the CSOL, an all-volunteer organization, has grown to become a diverse membership of over 325. Over the years, League members have shared their talents and expertise by contributing thousands of hours in pursuit of a cause that they cherish, making symphonic music and musical training accessible to all. ▲

by Mary Whyte 14" x 10.5"

wearables, and household items.

Music during house tours will be

provided by Symphony and local pro-

fessional musicians and also student

CSOL - A Brief History

Landscaping with Native Plants

To encourage and support the use of native plants, the Seabrook Island Green Space Conservancy along with the Kiawah Conservancy and Clemson Cooperative Extension are offering a series of engaging presentations and workshops led by experts in the field. Registration is free.

April 10: Landscape Design Workshop May 29: Installation and Maintenance Workshop

For more details and to register for these free events, please visit www.sigsc.net or www.kiawahconservancy.org.

The two conservancies also are sponsoring a **Native Plant Sale** on Saturday, May 18, at Kiawah's Night Heron Park.

A new Native Plant Guide is available on their websites.

-Seabrooker

SEABROOK ISLAND PHOTOGRAPHY CLUB

April 18, 2024 Meeting

Tim Belber - "6.1 Tricks To Improve Your Cell Phone Photographs"



Many of us own expensive digital cameras. A lot of this gear is big, Meavy, expensive, and fragile, so we don't always take it with us when we are out and about. But one of the perks of living on Seabrook is that even though you don't know WHAT you are going to see when you leave the house, you know you will probably see SOMETHING cool during your journey. The very best camera in the world is the one you have with you, which is often your cell phone.

Tim Belber is an avid photographer who has developed an impressive ability to generate amazing images from that handy piece of telecommunications hardware in your pocket. A quick scan of his portfolio at timbelberphotography.com will convince you of his ability to tell a compelling story with his photography, whether via a full frame mirrorless camera or using a cell phone. He has been sharing his expertise with others via workshops for over six years. He gave an excellent talk to our club in November 2023, and we are excited to bring him back to share his knowledge.

Please join the Seabrook Island Photography Club at the Lake House on April 18, 2024, as Tim walks us through a follow up to last November's presentation. This talk is entitled "6.1 Tricks to Improve Your Cell Phone Photographs". The only way to find out about that additional 0.1 trick

Tim also has some ideas about finding inspiration for photography and I'm sure he will share some thoughts in that area.

	Thursday, April 18, 2024		
Location:	Lake House, 2319 Seabrook Island Rd, Seabrook		
	Island, SC 29455		
Time:	6:30 – 8:00 PM, Refreshments 6:30, Announcements		
	6:45, Presentation 7:00		
Cost:	Free for SIPC Members, Guests \$10 Donation		
Access:	Non-residents, please email		
	seabrookislandphotographyclub22@gmail.com to		
	arrange a gate pass		



Saundra DeAthos and Harold Meers

meaningful full-scale productions of

the masterworks, but also engaging

community events and performanc-

es designed to be entertaining and feed the soul of our community. Im-

mersing our local audiences with the

magical music of opera is only part

of our vision. Creating it with quality,

maintaining fiscal responsibility and

building local collaborative relation

ships is of paramount importance

to us. World-class product, regional

significance and local engagement..

THAT is Charleston Opera Theater!

This past month, Charleston

Opera Theater performed at the

Kiawah's Sandcastle. The photos

here were taken at that performance.

I was there (editor). They are bring-

ing serious talent to our city. Please

www.charlestonoperatheater.org

"check 'em out"

The Charleston International Airport will receive \$23 million in funding for future expansion projects. The airport's executive director and CEO shared that along with growth, the investment will allow more direct flights to more cities. Construction will begin soon to add another concourse and retain additional parking for aircraft.



Barrier Island Earth Day 5K and Festival

On Saturday, April 20, 2024, the Barrier Island Environmental pher Camp and Conference Center is hosting an Earth Day 5K Fun Run and Festival. The fundraiser will raise money for the education program's scholarship and outreach, creating opportunities for South Carolina schools and students in need of financial aid to visit and experience the environmental programming of Barrier Island and become generational stewards of nature.

Whether you are looking for a fitness challenge, a fun exploration, or a pleasant Saturday morning stroll, the Earth Day 5K will guide participants through a network of beautiful maritime ecosystems and coastal scenery. Runners and walkers will experience five environments in five kilometers: maritime forest, salt marsh, dunes, estuary, and beach.

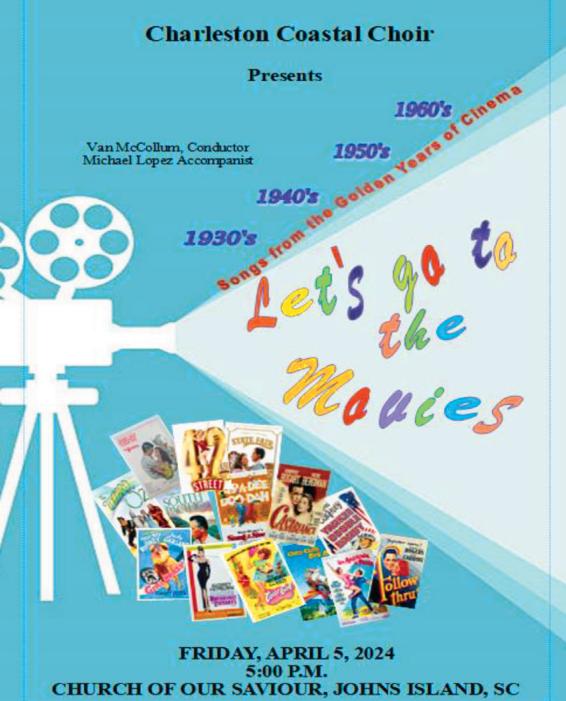
A festival with a silent auction, food trucks, games, activities, education tents, live music, and live animals will immediately follow the Fun Run at St. Christopher Camp and Conference

The 5K will begin at 8:30am and



festival events will begin at 10:00am. You may register ahead of time for both the 5K Fun Run and the Festival, or just the Festival. We also welcome volunteers, donations, and race spon-

Register now through the St. Christopher Camp and Conference Center Website under the Barrier Island - 2024 Earth Day 5K section.▲







3135 MARSHGATE DRIVE \$4,995,000

Ocean/River/Marsh View | 4 BR | 4.5 BA | 4,290 SF



5 SILVER MOSS CIRCLE \$2,375,000

Kiawah Island | 5 BR | 4 BA | 2,444 SF



2465 GNARLED PINE \$1,295,000

Wooded View | 3 BR | 3 BA | 2,671 SF



2658 HIGH HAMMOCK \$1,225,000

Golf View | 3 BR | 2.5 BA | 2,575 SF



738 SPINNAKER \$865,000

Beach Access | 2 BR | 2 BA | 1,244 SF



2776 HIDDEN OAK DR. \$698,000

Golf View | 2 BR | 2 BA | 1,175 SF



528 COBBY CREEK LN. \$724,000

Wooded View | 3 BR | 3 BA | 1,272 SF



191 HIGH HAMMOCK \$329,000

Golf View | 2 BR | 2 BA | 1,026 SF



2865 SEABROOK ISLAND RD. \$315,000

Lagoon View | Block 40, Lot 33 | 0.24 Acres

WE SELL MORE PROPERTIES ON SEABROOK ISLAND THAN ALL OTHER AGENCIES COMBINED.



Standing: Tom Peck, John Halter, Amanda Benepe, Ryan Straup, Patsy Zanetti, Ingrid Phillips, Mary Ann Lloyd, Stuart Spisak, Joy Dellapina, Michelle Almeyda-Wiedemuth Seated: Pat Polychron, Chip Olsen, Stuart Rumph, Kathleen McCormack, Marc Chafe

seabrookisland.com | 843.768.2560 1002 Landfall Way, Seabrook Island, SC 29455 | realestate@seabrookisland.com

Seabrook Island Club membership is required for ownership. Club amenity use is for Members and quests. Lake House use is for Members, property owners, and their guests.

